

# Prep Blog Review: Preparedness Lists And Tips

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We're preppers and besides getting ready for anything that might come our way, we are used to making checklists of checklists. It's in our nature to have everything properly set in advance so that when we get to the doing part there's nothing left to the chance and everything is considered. It's the key to our success.

So this week we've made a roundup of lists to start thinking of if you haven't already. From things to add to your stockpile, skills to consider or questions to be asked they're all one click away from you.

And while you're here make sure to drop us a line in the comments section below and to check out our ["My Prepper Story" Contest](#).

### 1. Prepper Skills Checklist : How Do You Measure Up?



“The debate between skills vs. stuff is a big one. I know many articles have been written on it and I’ve been in many a forum debate about which to focus on. I write this as a fellow preparedness geek and a friend to all those out there who are working towards a secure future.

It is interesting to me how many preppers talk about getting off the grid and having self-sufficiency, but they end up just trusting their existence to yet another set of systems. You may have solar panels and well pumps but what if SHTF and a panel gets shattered by flying debris, or your well pump stops working as the bearings seize? There are a million what if scenarios and many are not that unlikely. You need something to fall back on; you need a final line of defense.”

Read more on [The Survivalist Blog](#).

## **2. Over-The-Counter Medical Supplies You Should Stockpile**



“Living off the grid often puts us into some fairly remote locations. That can make a routine trip to a drug store a major undertaking if we need something for immediate relief from pain, an illness or injury.

It can become particularly problematic if you are living in a region that has been subject to a natural or man-made disaster. For not a lot of money, and with a bit of pre-planning, you can easily stockpile a good assortment of over-the-counter remedies that should handle some of the everyday conditions or emergencies you could encounter, and some significant events as well. (For a list of essential oils to stockpile, [click here](#).)”

Read more on [Off The Grid News](#).

### 3. 9 Things To Do to Prepare for Hard Times Ahead



“Most Prepper types that I know appear to have a common trait: they are good at evaluating risks then moving to mitigate those risks in a nimble manner. What that means, in somewhat plainer English, is they have the ability to evaluate a situations, make a plan, learn from it, and ultimately act in a responsible manner.

Along those lines, more recently I have done some personal analysis and put more focus on what I call “hard times ahead”. With my disaster preps more or less in order, I want to ensure that my own household will get through a period of difficulty when, for instance, there is not enough food, work, or money to go around.”

Read more on [Backdoor Survival](#).

### 4. 15 Questions To Ask Before The Power Goes Out



“When disaster strikes, usually the first thing that happens is the power goes out. While earthquakes and hurricanes ravage nearby cities, your home might experience nothing more than a power outage. If that happens, count yourself lucky.



But what if the power stays out for a long time? Not just a day, but a week or two? Or longer? How well would you manage? Would you be sitting in silent darkness, shivering, eating beans from a can, and hoping looters don't come to your neighborhood? Or would you be safe and comfortable like any other night?"

Read more on [Urban Survival Site](#).

## 5. Survival Gardening: the best survival crops



"Let's say you have a backyard garden, and you want to maximize its effectiveness for prepping and survival. What should you grow? You need crops that provide the three macronutrients: protein, fat, and carbohydrates.

You also want these crops to have a high yield and high nutritional density. For example, if you grow lettuce, you could obtain a high yield – in lbs of lettuce per square foot – but lettuce has low nutrition per lb. A modest-sized garden needs crops that produce a lot of nutrition in a small amount of space. So here are my top picks for survival crops."

Red more on [Prep Blog](#).



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