

# VIDEO: Easy Fire Starters – What Works Best

*Sure you can carry a bunch of fire starters, but that's a finite supply. It's best to save those for an emergency situation, and to look for natural or readily available options.*

In this video survival expert and instructor David Holladay reviews some natural resources that make great fire starters. While some are more specific to certain areas, many of his suggestions are available nearly everywhere.

If you're in a desert environment Juniper is a great resource. When dead, the wood easily burns and provides a strong flame.

Juniper also provides a flash tinder in the form of its seed heads. If you don't know, flash tinder is a material that easily takes a spark to flame, but usually it takes a lot of it, or a second material to get a fire going. Sage brush flower heads are another great flash tinder.

David also talks about using the inner bark of the cottonwood tree. If you don't have cottonwoods available, experiment with other trees. The inner bark of some cedar species is a great option. Several members of the poplar family also have inner bark that makes great tinder when dried.

Keep an eye out for grasses, shrubs, and wild flowers that have died and dried. Many of these make a great tinder, and when available they're often abundant.

Spruce and other evergreens contain lots of resins. They burn great, especially when dry. Once again, if you don't have access to spruce, look for dried cedar and pine. Speaking of pine, a dead pine, especially a stump, is one of the best sources of natural fire starters. It's known by many names,

fat wood, stump lighter, and lighter knot, to name a few. Regardless of what you call it, it's one of the best natural fire starters you can find. Just as David points out, it's even worth rationing this wonderful natural resource.

On the other hand, you might have some alternative man made fire starters available. Jute cordage that is often used for binding shipments, is a great option. It's actually treated with a petroleum products to deter rodents from using it as nesting materials. Of course, this also helps it burn. Paper plates and other trash can unfortunately be found in the field. With a bit of preparation these items can make great fire starters. Be sure to check out David's video for more insight into his wealth of survival knowledge.



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