

The Gold Mine Our Ancestors Left Us

The SHTF we all prep for is what folks 150 years ago called daily life.

They had no electrical power, no refrigerators, no Internet, no computers, no TV, no hyperactive law enforcement, and no Safeway or Walmart. They got things done or else we wouldn't be here!

In this short article, I will unearth a long-forgotten secret that helped our ancestors survive famines, wars, economic crises, diseases, droughts, and anything else life threw at them.

I'm also going to share with you three pioneer lessons that will ensure your children will be well fed when others are rummaging through garbage bins. In fact, these three old teachings will improve your life immediately once you hear them.

[My name is Claude Davis](#) and I will tell you my story. An emotionally heavy one, with struggles and disappointments but also with faith in God and a strong will to survive that finally led to my being here...

Lesson No. 1: Don't take anything for granted!

My grandfather came to America from Ukraine just before World War 2 and started a small farm in Texas. But before that, when he was only 12 and still in Ukraine, he survived a horrific famine. Out of the one hundred families that lived on his street, only 20 people lived to tell the tale because in a crisis, it is everyone for himself! Although...in many cases,

families did still remain families.



10 Survival Skills That Our Great-Grandparents Knew

(That Most Of Us Have Forgotten)

[Watch Video »](#)

Just after the winter, when there was absolutely nothing to eat, my grandfather, together with his mother, went to the nearest town where the government had established a soup kitchen.

Unfortunately, the 25-mile long journey was too much for his mother. After just five miles, she couldn't walk anymore.

History has shown us many times that it can all fly away in a split of a second. The biggest misstep that you can take now is to think that this can never happen in America or to you!

All that my grandfather and our ancestors – who came here and formed America – lived through would be in vain without lesson number 2:

Lesson No. 2: Those who cannot remember the past are condemned to repeat it.

Our fathers and our grandfathers were probably the last generation to practice basic things like building a root cellar or making pemmican.

Our ancestors laid the bricks and built the world's strongest foundation...that we are about to – irreversibly forget!

And now, here we are, human beings in the 21st century, several lifetimes and a world away from our grandparents and

their ways. Have we become better at living? I think not. I watch as we become ever more expectant that the world owes us a living. Consumerism has reached epic proportions and people feel aggrieved if they don't own the latest gadget.

We are straying away from our roots on a dangerous road from which there will be no turning back. And the good and bad news is that we are the last generation that can truly do something about it.

Game meat was unreliable even then, so don't think that they made this five-month journey counting only on that. If your life depended on this, what Bug Out Bag would you take with you? I know I would stick with whatever the pioneer had with him. He had to travel weeks on end without much help while taking cover from some native tribes at the same time.

I don't want to see our forefathers' knowledge disappear into the darkness of time...and if you care for your family...and what America stands for...then neither should you!

This is the third and most important lesson of all:

Lesson No. 3: It's always up to you.

It's true that we all had different starts, depending on our families and upbringing, but most of us here in the United States had at least decent beginnings. We had water and food, we could go shopping from time to time, and we had a decent medical system compared with other countries.

I don't know if you've noticed, but nothing just falls from the sky. GOD HELPS YOU, but He does not lay it on your table. You have to work hard and do things yourself!

With this idea in mind five years ago, I wanted to do something that

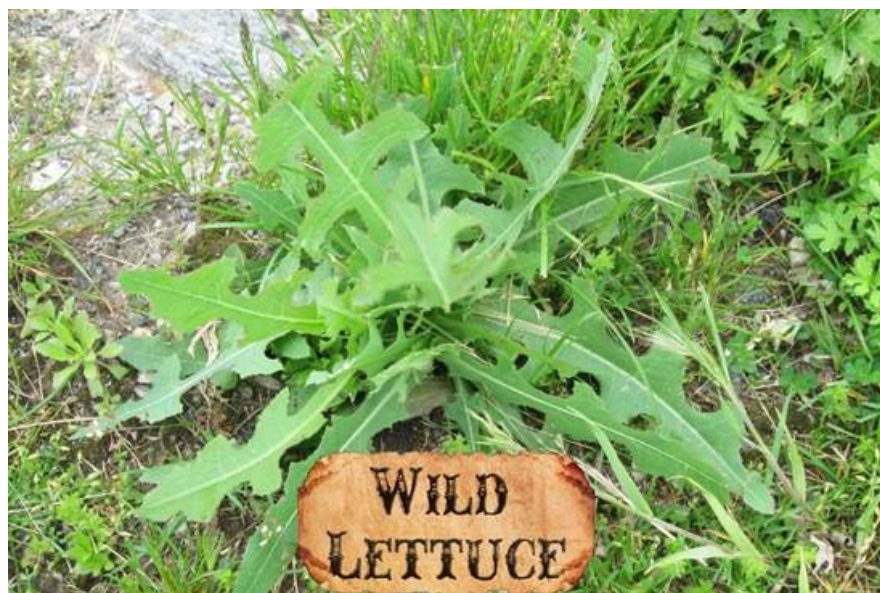
not only would help me survive a crisis without investing a fortune in stockpiles, but something that I could do around my house on a daily basis using only methods that were tested and proven by our forefathers for centuries.

I went to my grandfather to find out how he survived and to learn the little secrets that helped him stay alive in spite of almost everyone else dying. Unfortunately, my grandfather passed on a couple of years ago and with him a magnificent amount of survival knowledge.

That's how I got the idea to put together in a book the lessons he learned in his lifetime. Lessons gathered from true preppers.

Here's just a glimpse of what you'll find in The Lost Ways:

You'll discover the lost remedies used by our ancestors for centuries. I'm talking about plants that grow in your backyard or around your house. Very common weeds.



For example, I'm sure you've already seen this plant...

This is wild lettuce also known as opium lettuce for a good reason. It has side effects similar to Morphine but milder, being by far the strongest natural painkiller that grows in your backyard.

This milky substance inside this plant doesn't contain any opiates, but it's acting directly on the central nervous system (CNS) to lessen the feeling of pain. Many people have used it as a replacement for addictive prescription pain medicine.

Wild Lettuce is un-scheduled by the FDA, meaning it is legal to forage, to grow, and own without prescription or license... just like the Native Americans used it to heal their pain.

Moreover, native American **Erik Bainbridge** – who took part in the reconstruction of the native village of Kule Loklo in California, will show you how Native Americans build the subterranean roundhouse, an underground house that today will serve you as a storm shelter, a perfectly camouflaged hideout, or a bunker. It can easily shelter three to four families, so how will you feel if, when all hell breaks loose, you'll be able to call all your loved ones and offer them guidance and shelter? Besides that, the subterranean roundhouse makes an awesome root cellar where you can keep all your food and water reserves year-round.

From **Shannon Azares** you'll learn how sailors from the XVII century preserved water in their ships for months on end, even years and how you can use this method to preserve clean water for your family cost-free.

Mike Searson – who is a Firearm and Old West history expert – will show you what to do when there is no more ammo to be had, how people who wandered the West managed to hunt eight deer with six bullets, and why their supply of ammo never ran out. Remember the panic buying in the first half of 2013? That was nothing compared to what's going to precede the collapse.

From **Susan Morrow**, an ex-science teacher and chemist, you'll master "The Art of Poultice." She says, "If you really explore the ingredients from which our forefathers made poultices, you'll be totally surprised by the similarities with modern

medicines.” Well...how would you feel in a crisis to be the only one from the group knowledgeable about this lost skill? When there are no more antibiotics, people will turn to you to save their ill children’s lives.

- If you liked our video tutorial on how to make Pemmican, then you’ll love this: I will show you how to make another superfood that our troops were using in the Independence war, and even George Washington ate on several occasions. This food never goes bad. And I’m not talking about honey or vinegar. I’m talking about real food! The awesome part is that you can make this food in just 10 minutes and I’m pretty sure that you already have the ingredients in your house right now.

Really, This is all Just a Peek.

[The Lost Ways](#) is a far-reaching book with chapters ranging from simple things like making tasty bark-bread-like people did when there was no food-to building a traditional backyard smokehouse... and many, many, many more! Plus, you can discover the man behind the book.

