# Stock Your Home With These Items Before SHTF

It's the end of the world, as you know it, but you feel fine. Why?

Because your tiny house has everything you need to get by. Okay, the Apocalypse isn't really upon us, but you need to prepare for the unexpected. Even though tiny living involves downsizing, adding these must-haves means you'll be ready for any disaster.

## **Portability**

The great thing about a tiny house is that it's easy to pick up and move when disaster strikes. Invest in a tiny house trailer so you and your home can make a quick get-away when necessary. You'll have a head start evacuating an area since you won't have to spend time packing.

### Collapsible Items

No matter how many square feet surround you, you still must eat. You can whip up a quick lunch or a gourmet meal using space-saving collapsible cookware. You'll find cooking pots made of stainless steel, silicone, and glass that flatten to a disc smaller than a Frisbee. Boil water in a teapot and strain spaghetti in a collapsible colander. Put your leftovers in collapsible containers. Even wash the dishes in a tub that collapses to a flat shape. If you need it in the kitchen, chances are good you can find it in a collapsible form.

#### Food



Αn im ре  $n\,d$ in g ca ta сl y s Мi С e v e n t li ke а hu rr iс an е, tу ph00 n, or e v e n а bl iΖ za rd in th

е fo re ca st wi

ιι em рt У th е st or е s h еl ve S fa st 0 n се th е dі s a st er hί ts , th

е

gr 0 C

er y st or

e s

сl

0 S

е.

Bu

t

y o u r

ti

n y h o

mе

wi ll

bе

st

0 C

kе

d

up o n

fr

es h

fr

иi

t

a n

d

ve

ge ta

bl

e s th a n ks to уо ur ga rd e n Υo u do n ' t ne edа lo t of

fl

00

r

е

а

or

 $h\, u$ 

ge ya rd

to

gr ow

s p a c

fo o d Α ve rt iс аl ga rd e n wi ιι gі ve уо u  $\,m\,o\,$ re th a n e n o u ghro

om to

gr ow th

e

e s

se nt

ia ls

a r

o u  $n\,d$ уо ur tі n y hо mе Cl  ${\rm i}\,{\rm m}$ bі ng pl a n ts li kе ро le bе

s, cu cu

an

mb er

s,

ре

a s

to

ma

tο

e s

, a n

d wi nt e r s q u a s h ca n ea si ly gr OW uр a tr еl lί S.

Hydroponic gardens allow you to grow fruit and vegetables inside

year-round. And you don't need soil. This is a must-have if the impending

disaster keeps you indoors.

## Houseplants

Just because you're living tiny, doesn't mean you can't create a pleasant environment. Your vegetable plants will help, but adding several more small houseplants will brighten your home and help keep you healthy. Houseplants can remove up to 87% of air toxins in 24 hours. Plants with broad leaves can help regulate humidity. So, what do you choose? A tiny house calls for tiny plants. Succulents work well in small homes. A succulent stores water in its leaves, stem, or both. They

release oxygen at night, leading to better sleep, especially in limited space. Many indoor succulents stay small, making them an excellent choice for your tiny home. There are many choices when it comes to houseplants that add to your decor. Consider Bonsai, Air Plants, or Anthurium. Choose one or mix and match. Houseplants make your tiny house feel like a home.

#### First Aid

You won't be the only one running for cover when disaster strikes. Plenty of creatures, including the <u>poisonous pests</u>, are also looking for a place to hide and keep warm. In Dallas, for example, copperheads and rattlesnakes like the wilderness as much as you, and they could easily make their way inside your tiny home. Black Widows and brown recluse spiders are good at hiding, and surprising you. Stock up on anti-venom just in case the unthinkable happens.

You'll also need a supply of bandages, aspirin, and safety pins. Other items in a basic first aid kit include:



- Adhesive tape
- Superglue
- Rubber tourniquet
- Eyeshield or pad and eyewash
- Large triangular bandage (to use as a sling)

- Cold packs
- Cotton balls
- Duct tape
- Petroleum jelly
- Scissors and tweezers
- Antibiotic ointment
- Thermometer
- Turkey baster for flushing wounds
- First-aid manual
- Hydrogen peroxide to disinfect

It wouldn't hurt to put a few surgical masks in your kit. You never know what kind of disaster will hit.

#### **Containers**

Even standard size houses can lack storage, so coming up with enough of it in a tiny home is especially challenging. Circular containers take

up a lot of space, so look for square ones. You can stack them tightly and push

them against a wall. Dry baking goods, like flour and sugar, breakfast cereal,

chips, and pretzels, need less room when poured into a square container. You

can even put cold items in them and stack them in your small refrigerator.

Durable, airtight containers will do the trick. And don't forget slightly

larger containers for toys, clothes, and pet necessities. Your motto, when it

comes to containers, is stackable!

# Fresh Water and Water Filter



n d in g wa tе r W O n ' t bе а pr o b le  $\mathsf{m}$ in а bl iΖ za rd b u t fr e s h dr in kί

n g w a

te

Fί

r wi ιι bе in s h or t s u рp ly in a hu rr iс an e or n u сl e a r hо lo ca u s t. Ke

ер

u p l e

o f

ga ll

а с о

on s in th e

fr

e e z e

r.

Wh

en

th

e po

. we

r go

e s

ou t,

уо

u '

ll be

a b

le to

ke

ер

t h

in

g s

C 0

ol fo

r

a

fe W da y s Α ро rt аb le wa tе r fi lt er wi ιι al S0 al lo W уо u tο fe tc h wa tе r fr

om st

re

 $\mathsf{a}\,\mathsf{m}$ 

#### Hooks

You're looking for ways to use every square inch of space in your tiny home. Furniture takes up most of the floor, but you still have the

walls. That's where hooks come in handy. Use wall hooks to hold hats, bags,

sports equipment, and shoes. In your sleeping space, store your jewelry and

accessories on hooks. You can use them in every room. Put them as high as you

can, maximizing wall space. Solid, sturdy hooks work best. Get creative and

incorporate them into your home decor.

The great thing about a tiny house is that it's easy to pick up

and move when disaster strikes. Invest in a tiny house trailer so you and your

home can make a quick get-away when necessary. You'll have a head start

evacuating an area since you won't have to spend time packing.

Surviving tiny house living (not to mention, the Apocalypse!) is a matter of being ready. Stocking up on these items can help make your journey a smooth one.