

Prep Blog Review: The Power Of Homesteading

You don't actually have to become a homesteader in order to be prepped for a SHTF scenario. Not everyone has the possibility to do so, the finances to start the process and some are simply not cut for this kind of life.

However, those who have embarked on this journey know what we mean by the power of homesteading and one of the things we like best about this is the multi-purpose aspect of the things we grow or have on hand.

That's why this week we've researched the topic and came up with a great selection of articles on this topic, but if you'd like to add anything else to the list, please do in the comments section below!

1. Make an Awesome Cayenne Salve for Pain Relief



"A few months back I made a batch of Cayenne Salve. It was simple to do. After infusing the ground cayenne pepper in olive oil, I added some beeswax and was good to go. My feeling was this: if a catastrophic disruptive event occurred, after a year or two I would exhaust my supply of pain relieving essential oils and then what?

The answer, I hoped, was to infuse spices and herbs in a carrier oil and use the resulting concoction instead. If I could turn the results into a salve, all the better."

Read more on [Backdoor Survival](http://www.backdoorsurvival.com).

2. How to Make Garlic Pepper Tea Bug Repellant for Your Garden



“With gardening season in full swing, you’re probably wondering what all those things are that are eating away your garden crop. The aphids (learn how to control them naturally), slugs, worms, beetles,

and other creatures take a big bite out of our crops every year. But we are always hesitant to ever use a commercial bug killer because we don’t want to transfer those chemicals into our food.”

Read more on [Mom With a Prep](#).

3. Uses for Elderberry



“Elderberry (Sambucus L).

The leaves are pinnate with 5–9 leaflets. Each leaf is 2.0–11.8 in long, and the leaflets have serrated margins. They have clusters of small white or cream-colored flowers in late spring; these are followed by clusters of small black, blue-black, or red berries (rarely yellow or white).

Time of Year: Spring – Fall

Location: All of North America”

Read more on [Prepper Herb of the Week](#).

4. The Cheapskate's Guide to Making Cleaning Products That Won't Kill You



"One of my favorite parts of spring is scrubbing down the entire house, throwing open the windows so the breeze can come through, and hanging rugs and bedding outside. Maybe it's weird but I just love spring cleaning. However, what I don't love is the expensive, chemical-laden cleaning products

from the store. That's why I spend some time making my own, from simple, non-toxic ingredients. I order most of my basic supplies

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Read more on [The Organic Prepper](#).

5. How I Eliminated Shingles Naturally Without Rx Meds



"Last November DRG and I drove up to Vogel State Park to hike some trails at the base of Blood Mountain. The weather cooperated with a nip in the air. I wore a wicking base layer top which, by mid-way through the hike, seemed to irritate the skin on my chest with a tingling, itchy sensation.

Was my skin reacting to the synthetic fabric... or maybe DRG had used a new washing detergent? The discomfort was bearable but annoying. We hiked on enjoying the beautiful fall weather."

Read more on [Survival Sherpa](#).



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*This article has been written by **Brenda E. Walsh** for [Survivopedia](#).*