

# Prep Blog Review: Back To Basics Always Works

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I'm a weird mix of oldies sentimentalist and "new stuff" freak. Although I love testing everything that's new and I think in many ways technology helped us, I am also an oldies nostalgic. And I am convinced that when technology will fail us, and it will, just give it time, going back to the roots will be the solution.

The only problem is that most of us have become so addicted to "the new stuff" that we barely know what going back to the roots means. So let's not wait until it's too late and let's see why the old ways are the most reliable!

### 1. Living in an 1800s Sod House



"In 1862, America was in full expansion and Congress passed the Homestead Act, opening up millions of acres for the pioneers. It was a helping hand for the settlers who were encouraged to conquer the Western frontier.

All you needed to do to make the land yours was to build a sod house on it, grow crops on it and fight against the old bad luck for five years."

Read more on [Prepper's Will](#).

## **2. Getting Started With Chickens and Supplies**



"Chickens are a wonderful addition to your prepping endeavor. They are easy to raise and will provide meat and eggs for your family.

But how do you get started? It isn't difficult, you just need to do a little planning, and then you will be ready to have your own flock of chickens!"

Read more on [Survivalist Prepper](#).

## **3. What To Look For When Building A Homestead**

"What are some of the things to look for when building a homestead? We get this question a lot and there are some definite things one should pay attention to when looking for land. And there are some hard questions one should ask before buying and building a homestead."

Video first seen on [An American Homestead](#)

## **4. Back to Basics: How to Stockpile Food for Emergencies**



“Last week I began a new series called, Back to Basics. As I said in my first article: “Why and How to Stockpile Water for Emergencies”, this may be familiar ground for a lot of you but to some this information may be new.

The Prepper Journal had almost 4 million page views last year and each day, the idea of prepping gains another follower. People every day can simply look at events happening anywhere in the world and understand how taking some simple steps to ensure you can handle minor emergencies, isn't crazy.”

Read more on [The Prepper Journal](#).

## **5. Diseases We Have That Our Ancestors Didn't**



“We have been blessed with some amazing advances in modern technology which has allowed us comfort that was not possible a mere 100 years or so ago. But despite these advances, we suffer from severe chronic and

degenerative diseases that were unknown to our recent ancestors.

We are a sick nation, overburdened by conditions such as diabetes, cancer, obesity, heart disease and allergies. Our healthcare system expense hit \$3.8 trillion in 2014 – and is still on the rise.”

Read more on [Off the Grid News](#).



## **The 3 Pioneer Survival Lessons We Should All Learn**

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*This article has been written by **Brenda E. Walsh** for [Survivopedia](#).*