# Prep Blog Review: Off-Grid Winter Wonderland

Well, what is now commonly referred to as snowvember has brought a lot on our plates. Not only do we have to deal with an extra early wave on snow, but we also must consider all that comes with it: extremely low temperatures (and the impact they have on our health), possible power outages due to the heavy snowfall and managing stockpiles to last enough until we can get out of the house and circulation is fully reestablished again.

So, that being said, we made a roundup of all the useful articles we stumbled upon this week. Let us know how you cope with this weather in the comments section below. Stay safe, fellow preppers!

#### 1. How To Live In A Heated Tent

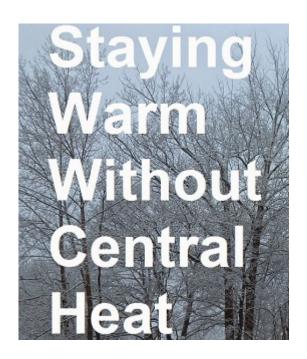


"A heated tent is a fantastic way to spend the long, dark nights of winter outdoors, particularly in the deep cold of the far north.

While a modern four-season mountain tent — or even a bivvy — may be tolerable for a few nights out in sub-zero temperatures, when it comes to truly living outdoors for an extended period in a winter environment, nothing beats a heated tent. Hot tenting has a lot going for it. First — and very important in a cold environment — is that you can get your clothing and footwear dry and free of moisture on a regular basis. "

Read more on <a href="Paul Kirtley">Paul Kirtley</a>.

### 2. Staying Warm Without Central Heat



"With the ever-rising costs of gas and oil, the question often comes up — can we stay warm without them? More than that, can we stay warm up here in the "frozen North" of Canada.

Over 3 million Canadian homes use wood as their primary or secondary heat source. There are wood stoves for sale in every hardware or home supply store I've ever entered. According to Stats Can, only about 10% of Canadians heat their homes with oil.

We have a long history in Canada of handling long, cold, snowy winters. Let's look at five ways to stay warm when baby, it's cold outside."

Read more on Canadian Doomer.

## 3. 8 Pain Management Tips for Arthritis



"Perhaps the hardest part of having arthritis or a related condition is the pain that usually accompanies it. Managing and understanding that pain, and the impact it has on one's life, is a big issue with most arthritis sufferers.

The first step in managing arthritis pain is knowing which type of arthritis or condition you have, because that will help determine your treatment. Before learning different management techniques, however, it's important to understand some concepts about pain."

Read more on Simply Living Simply.

# 4. Awesome Air Heater!! - The "Stack Boot" Air Heater! - Easy DIY (350F+) Mini Off-Grid Furnace!

"Awesome DIY Air Heater!. The "Stack Boot" Air Heater. Very easy to build. This Room/Air Heater produces temps equal to (or greater than) a standard in-home furnace (350F+), has a high airflow rate and is of metal construction. be ready for winter with this hi temp heater. Works good indoors and out. burns isopropyl alcohol (i used 70%). very clean burn (no smoke/no odor). either burner shown in video will burn for 25-30 mins if filled half full. small burner reaches temps about 225F to 275F."

Video first seen on Desert Sun 02.

### 5. 10 Winter Wild Edibles



"There is not a lot of green in the winter. Wild foraging dries up. If you know where to look you can still find winter wild edibles. Today I'll share with you 10 winter wild edibles that you can forage on. Knowing where to find food all year is important. You can

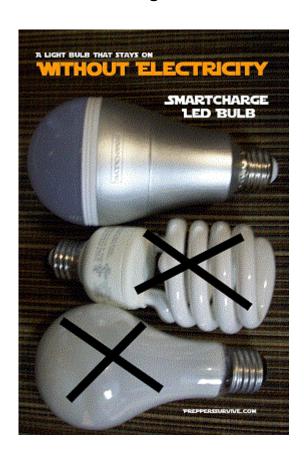
supplement your food and save money. If you are lost they could keep you alive.

As a disclaimer make sure you properly identify any wild edible. Some wild edibles have poisonous look alikes. Do not

eat it if you are not sure."

Read more on <u>Survival Punk</u>.

### 6. SmartCharge LED Bulb Review & Giveaway



"The SmartCharge LED Bulb is a cleaver invention from a team that live in India where they experience a lot of power outages. It is simple to use, as simple as screwing in a light bulb. What makes it unique are the backup battery and smart components that keep the light on in the event of a power outage.

The backup battery holds 4 hours of light and takes 6 hours to charge. Another great feature is the LED using only 5.5 watts. When compared to Florescent which uses 13-15 watts or the typical Incandescent which uses 60+ watts the SmartCharge LED Bulb is a money saver! I am also a fan of the brightness and clarity of the light. The best feature is knowing that you will not find yourself in the dark unexpectedly."

Read more on <a href="Preppers Survive">Preppers Survive</a>.

# 7. What Food Is Safe After a Power Outage



"Have you ever found yourself staring down the terrifying train of thought that screamed, "My power is out, and my food is perishable.

How am I going to eat tonight?" I'm sure that many of us have, as unfortunate as that may be, and while these circumstances can often be stressful and anxiety ridden, it is important to keep calm and look at the facts. Not ALL FOOD is perishable when without the cold from a refrigerator or freezer. In fact, there is a vast array of foods that can last days, if not weeks, past the point of a power outage that's left your fridge down."

Read more on **SHTF Preparedness**.

A surprising new discovery: if you're covered for an EMP you're prepared for anything

WATCH WIDED

This article has been written by **Brenda E. Walsh** for <u>Survivopedia</u>.