

Prep Blog Review: 5 Survival Lists To Keep On Hand

Everybody uses lists, it's a fact. Whether we like it or not, we need them to keep things organized, or to remember and prioritize activities. You can't skip them while prepping, so let's make use of them here too.

I've gathered a few tips and lists to remember about different aspects of prepping, after stumbling upon other survival websites this week. And what do you think I've come up with in the end? You guessed: another list. Here it is!

3 Incredible Stories of Survival: What We Can Learn From 3 Men Who Beat All the Odds



"Hello, my friend and welcome back! Today I have a great post for you from Chris Browning and it's a good one. He is the editor of Gun News Daily – www.gunnewsdaily.com. It's longer than what I usually post, but well worth the effort. The

best way to learn to survive is to learn from those who have had to fight to survive already. Their stories and insights provide the best training you can get. Grab a cup of coffee my friend and have a seat while we visit."

Read more on [American Preppers Online](#).

23 Herbs and Veggies You Can Grow on Your Porch



“Urban gardening is all about making the most out of the space you’ve got. All it takes to turn your outdoor balcony or back porch into a full-on garden is a pinch of creativity and a dash of strategy.

Rather than planting one crop in one small pot, we are going to focus on planting **multiple crops in one sizeable pot**. This method makes the most of your space and gives you the most variety of veggies and herbs possible.”

Read more on [Urban Survival Site](#).

19 Survival Uses for Plastic Bottles



“I must say that it saddens me seeing what humans have done to our planet. Any time you find a water source, you will likely find trash scattered along the shore.

Often times this trash is going to be plastic bottles. It seems to be the most common item to be tossed aside, especially in water. This littler is absolutely destroying our planet.

However, one man’s trash is another man’s treasure. I cannot tell you how many times I have used garbage in the wild to get

through survival situations. Plastic bottles are one of the most common and most useful pieces of trash you will ever find for survival. I can assure you that we will show you enough uses for plastic bottles that you will think twice about walking past one in the wild.”

Read more on [Modern Survival Online](#).

16 Things to Stockpile for the Next Blackout



“Major blackouts are more common now than ever before. Most of us have experienced a blackout for a few hours. A blackout is a power outage that can range from a few hours to months. They might happen because of a major

storm, a hurricane, a transformer blowing, or other issues. It is a good idea for everyone to stockpile things for the next blackout.

You might be new on your preparedness journey or find it strange to prepare for an entire year without power. No matter where you are on your journey, I encourage you to prepare for at least a two-week period without electricity. Why? There are dozens of examples of this happening. If you live along the coast, a major hurricane can wipe out the power grid for multiple weeks. Earthquakes, major storms, and blizzards all frequently cause blackouts. Everyone is at risk.”

Read more on [Survival Sullivan](#).

6 Principles of Survival – Maintain

Core Body Temperature



“Shelter and Fire are ONE. Long term survival requires the proficiency of both. Maintaining Core Body Temperature is vital, and without shelter and fire the body is highly susceptible to

hypothermia.

In this two part series we will look at the concept and application of Shelter and Fire. Maintaining a solid 98.6° will ensure your body does not become susceptible to hypothermia or hyperthermia.”

Read more on [Survival School](#).

*This article has been written by **Gabrielle Ray** for Survivopedia.*