

Combat Tricks to Fight the Attackers

The world in which we live is getting more and more dangerous by the day. Any of us could be attacked at any moment, without any previous warning.

When that happens, what you do and how you do to stay alive?

When that attack comes, it will most likely take you by surprise. Your attacker is counting on that, as the surprise will give them a moment's advantage. No matter how fast your reactions are, the advantage of surprise is hard to overcome. Of course, you can eliminate that advantage and maybe even the attack, by becoming more aware of your surroundings.

There are four stages of alert levels that affect how you react to any attack:

- **Condition white** – You aren't expecting any attack or paying attention. This is how most people live their lives.
- **Condition yellow** – You are constantly aware of who is around you, what they are doing and any potential threats.
- **Condition orange** – You have identified a potential threat and are keeping an eye on it, preparing yourself in case you need to take action.
- **Condition red** – You recognize an attack is eminent and are taking action to defend yourself.

If you live in condition yellow, moving into and out of condition orange as needed, you can eliminate the advantage that any assailant might have. This doesn't mean that you have to become paranoid, just that you need to become aware of everything that is going on around you. Doing so gives you the advantage over any attacker.

Tips to Use for Self-Defense

1. You should **be armed**. In most states it's now legal to get a concealed carry permit, which allows you to carry a handgun concealed on your person. Thirty-seven of the states are now "will issue" states, which means that as long as you meet the requirements for a concealed carry permit and do not have a record of criminal activity or mental incompetence, the state is required to give you a permit, upon application.

Okay, so being aware and having a weapon on your person takes away a lot of the assailant's advantage, but not all of it. They still have two major advantages over you; the first is that they choose the time and place and the second is their willingness to inflict harm on you.

2. When an attack comes, you need to **react quickly and violently**. Violently doesn't necessarily mean that you kill them or even that you shoot them, it means that you react in such a way that they are convinced you are going to shoot them. That alone might be enough to get them to break off the attack and run away.

3. As part of that initial reaction, you want to **move out of their line of fire**. Most criminals are poor shots and not much more skilled with a knife. They're depending on their ability to intimidate you. That doesn't mean that they aren't dangerous or that they can't shoot you; just that they are likely to miss. Moving, whether dropping to one knee or moving to the side, reduces their chances of hitting you.

4. There's a saying that anything that's worth shooting is worth shooting twice. Police departments train their officers this way, teaching them to **shoot "double taps"**. Those double taps increase the chances that your shots are going to do enough harm to the assailant that you will be able to stop them. If your shots don't stop them, keep shooting. Your goal isn't to kill them, just to stop them. As long as they are

facing you and holding a weapon, they're a threat.

5. Once you start moving, **keep moving**. You should practice shooting while moving, so that you are prepared to do it. It is infinitely harder to shoot accurately while moving, than it is while standing still. Practice, so that you can do it when you need to. Your movement makes you a hard target to hit.

6. Events might transpire in such a way that you can't draw your gun and return fire immediately. There are times that an assailant might get the upper hand, even if you are aware of your surroundings. Your first indication that anything is wrong might be seeing a gun or knife stuck in your face. If that's the case and you can't draw your weapon, **play for time**.

They're keyed up to attack at first, but the longer they have to wait, the less ready they are. In such a situation, you want to try and wait until they are either momentarily distracted or let down their guard for a moment. That then becomes your moment to act.

Just like I mentioned before, when that moment happens, act quickly and violently, moving as you draw and fire so that you become a hard target to hit.

[CLICK HERE to find out more about survival defense, and
HERE for other tips on preparing for an attack.](#)

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