

# [VIDEO] Pocket Survival Kit (PSK) – Water Treatment

There isn't a worse feeling than having to decide if it's worth it to drink untreated water and possibly get sick or if you can suffer the thirst just a little while longer while you look for cleaner water that you might not find.

One of the most important parts of both short and long-term survival is the ability to procure safe drinking water. You can theoretically last 3 days without it, but anything longer than that, you'll start feeling your body slowly shutting down.

That's why your Pocket Survival Kit (PSK) NEEDS to be able to provide you with that ability and why Cache Valley Prepper is here to tell you what to pack so you don't need to resort to dangerous methods for a few drops of water.

**HOW TO BUILD:  
THE ULTIMATE  
SURVIVAL STOCKPILE**

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