

VIDEO: What You Do When There's No Dentist

Survivalists know that you need emergency equipment and, more importantly, knowledge to use said equipment when you don't have access to a physician or medical facility.

While we often think about trauma medicine and basic first aid when gathering supplies and training, a dental emergency can be just as debilitating as any other medical issue. If you've ever had a toothache or a dental abscess, you know how painful and distracting a dental problem can be.

What do you do when you can't get an appointment or head to the emergency dentist? Hoping it gets better is a terrible strategy. If the dental issue causes an infection, the situation can quickly go from a painful distraction to a potentially deadly medical emergency.

As Tyler discusses in this video, there are many natural and common remedies that you can turn to when you don't have access to a dentist. Plus, the book *Survival MD: What to Do When There's No Doctor* offers advice on the prevention of common dental issues. The adage, "An ounce of prevention is worth a pound of cure," holds especially true in a survival situation.

This dental care and prevention information is just a tiny portion of what's available in [Survival MD: What to Do When There's No Doctor](#). Take a look at our YouTube and social media accounts for more lessons from this excellent resource.

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3 THINGS YOU MUST NEVER (EVER!) DO IN A MEDICAL CRISIS

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