

How To Gut And Clean Your Fish

If there's one thing I always had some trouble with, that's gutting and cleaning a fish.

Of all the skills I managed to master, this seems somehow the most elusive, probably because I'm not the biggest fan of cooking fish. I don't mind catching and eating it, but what's in between is what's been giving me headaches.

That's why I'm always looking for tips and tricks for making my job easier whenever hubby comes home triumphant from his [fishing adventures](#) (or the supermarket).

This is how I've stumbled upon this very cool infographic from [Fix.com](#) that I think you'll appreciate as much as I did.

HOOK TO COOK

SUBDUE YOUR **Catch**



Ikki Jime **Method**

Hold the fish with one hand and then position the spike above the fish's eye.



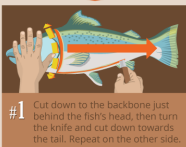
After inserting the spike you should feel the fish convulse and then stop moving.

Bevy is used the product of the fish's brain will vary from species to species.

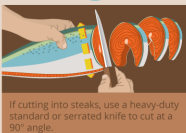
gutting & cleaning



Filleting the Fish



or



Let me know how you deal with this in the comments section below: do you have a hands on approach or do you let your significant other do the dirty job?

Interested in the best self-sufficiency solution during a food crisis? [CLICK HERE](#) to learn more!

*This article has been written by **Brenda E. Walsh** for [Survivopedia](#).*